



Therapeutic Summer Programs at Early Start Therapy

Where Growth Meets Fun!



Are you looking for a supportive and engaging natural environment where your child can develop the skills they need to be more independent? Our therapeutic programs are designed to do just that!

What We Offer:

Our unique therapeutic program focuses on helping children learn important developmental skills through a variety of fun **movement** activities.



We help them learn and practice skills such as

- **emotional regulation**
- **transitioning from one activity to another**
- **turn-taking**
- **following directions**
- **communicating with friends**

with the one-on-one support of our clinicians during **hour-long** sessions **four days a week.**

But it doesn't stop there! We also help them practice using these skills while they receive specialized swimming and basketball instruction, and participate in other fun activities that keep their bodies moving.



Questions? You can reach us at (703) 813-6090 or care@earlystarttherapy.com

www.earlystarttherapy.com



Program Details



How We Support Your Child and You:

Expert-Led Sessions: Each session is facilitated by an instructor and at least one clinician, ensuring that your child receives comprehensive support.

Evidence-Based Activities: We incorporate evidence-based group and individualized therapeutic activities to meet each child's unique needs.

Parent Involvement is Key: We strongly encourage parent involvement and participation during every session. Research shows that your active role is vital for your child's success.



Strategies for Home and Community: After each session, we provide individual strategies for practice at home and in the community, empowering both you and your child to continue their progress outside of session time.

Where: Community spaces in Alexandria, VA

When: Monday, June 23, 2025 - Thursday, July 31

Program Fee: \$300

Contact us today to learn more and enroll!



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Program Schedule



Mondays	Tuesdays	Wednesdays	Thursdays
Swimming and Water Activity Day	Field Day	Basketball	Playground and Community Day

Program Times by Developmental Needs



10:00 - 11:00 am: Using Early Communication Skills (ages 2-4)

1:00 - 2:00 pm: Managing Big Emotions (ages 4-7)

2:30 - 3:30 pm: Making and Keeping Friends (ages 7-8)

4:00 - 5:00 pm: Making and Keeping Friends (ages 9-11)

5:30 - 6:30 pm: Practicing AAC Communication Skills (ages 7-11)

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